

Mark Brayne

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Profile	Trauma trainer and UKCP-registered psychotherapist. Director of Braynetwork. Accredited EMDR Europe Consultant . Former BBC and Reuter foreign correspondent with 30 years experience of working in and reporting from Russia, Eastern Europe and China. Former (2002-2008) Director Europe for the Dart Centre for Journalism and Trauma, and Director (2003-2004) BBC Trauma Support.
Higher Education	Postgraduate Diploma in Couples Therapy (CCPE, 2010) Postgraduate Diploma in Psychotherapy Supervision (CCPE, 2009) Masters Degree in Transpersonal Counselling & Psychotherapy, DeMontfort University (2000) Dissertation topic: The Personal Experience of the Foreign Correspondent. With Distinction. Diploma in Transpersonal Psychotherapy, Centre for Counselling and Psychotherapy Education, CCPE London (1999). Certificate in Foundations of Counselling and Psychotherapy CCPE London (1995). Bachelor of Arts, University of Leeds (1973). First Class honours in German and Russian.
Further Training/ Memberships	EMDR Consultant 2011 Trauma-Focused Cognitive Therapy Cardiff 2006 Cognitive Therapy Unplugged 2003 , Two-day workshop with Christine Padesky, London. Various CPD as required for UKCP accreditation. Member, EMDR Association UK and Ireland . Member of the Board, European Society for Traumatic Stress Studies ESTSS 2004-2008. Member Psychotherapists and Counsellors for Social Responsibility , (PCSR) Member Association of Humanistic Practitioners in Britain (AHPB)
Publications (apart from work as BBC Correspondent)	Journalists' and Media professionals' attitudes to PTSD and help-seeking: a descriptive study. (With Greenberg, Gould, Langston). <i>Journal of Mental Health. Informa Healthcare.</i> 2009 Emotions, Trauma and Good Journalism. In <i>International News Reporting – Frontlines and Deadlines</i> . Owen& Purdey, Wiley 2008. Journalism and Trauma Support. In <i>Employee Wellbeing Support; A Workplace Resource</i> , Wiley 2008. Climate Change and the Therapist. <i>Therapy Today</i> . December 2007 Early Psychosocial Intervention Following Traumatic Events. <i>American Journal of Psychiatry (with Bisson, Ochberg, Everly)</i> . July 2007 Tackling the Macho Culture. In <i>International Journalism</i> , Wiley, 2007 Media Workers and the Duty of Care. In <i>Counselling at Work</i> , ACW/BACP summer 2006 The Dart Centre and the Reporting of Trauma. <i>Wildwasser Berlin</i> , 2006. Tackling the Macho Culture: Trauma and Journalists. in <i>Counselling at Work</i> , ACW/BACP Autumn 2004. Emotions, Trauma and Good Journalism. In: <i>International News in the 21st Century</i> (John Libbey/University of Luton Press, 2004). Journalism and Peace: the Personal Perspective of One Journalist. In: <i>Guide to UN Peace Exhibition</i> , Geneva 2003. The Problem of Distance. In: <i>Reporting the News from China</i> , ed Robin Porter, Royal Institute for International Affairs, 1992 Filming the PLA. In: <i>Bulletin of the British Association for Chinese Studies</i> , London, Sept 1989. Luther: "One of the Greatest Sons of the German People." In: <i>GDR Monitor</i> , Dundee, Summer 1980.

Experience and Employment	
Sept 2003 – present	<p>Director Braynetwork.</p> <p>Company dedicated to therapeutic and training support of individuals and organisations dealing with the experience and aftermath of trauma. Numerous training courses and trauma support delivered to:</p> <p>BBC (2002-2007) WDR Germany (2006-2011) Reuters News Agency (2002-2011) News International (2010) Deutsche Welle (2008) Al-Jazeera, Doha (2006) ABC News (2006-07) NBC News (2007) Washington Post (2006, 2008) CBS News (2006) BUPA (2002-2008) Financial Times (2006, 2008) ITN (2005) Media Diversity Institute Croatia (2003) Balkans Investigative Reporters Network (2007) OSCE Belgrade (2007) Reporters without Borders Spain (2006) Agence France Press (Paris) 2005 Universities of Cardiff, Roehampton, Huddersfield, Falmouth, Bournemouth, Pamplona (Spain), University of the West of England (2007-2011)</p> <p>Varied and frequent public speaking engagements, keynote addresses and workshops/seminars involving and including</p> <p>European Society for Traumatic Stress Studies (ESTSS) (2003, 2005, 2007) International Society for Traumatic Stress Studies (ISTSS) (2002, 2003, 2004, 2005, 2006, 2007) Coupleworks (2008) South Yorkshire Fire Service (2008) Association of Independent Practitioners (BACP, 2007) Swedish Society for Disaster Psychology (2006) German Psychotrauma Society DeGPT (2007) Danish Society of Disaster Psychology (2006) Turkish Society for Traumatic Stress Studies Istanbul (2005) British Association for Counselling and Psychotherapy (2002, 2007) Association for Counselling at Work (BACP 2005)</p>
Jan 2002-Jan 2008	<p>Director Europe, Dart Centre for Journalism and Trauma</p> <p>Directing European operations of Seattle-based Dart Centre – world’s only NGO explicitly dedicated to furthering understanding and awareness within the media world of trauma and trauma science.</p> <p>Public speaking engagements, keynote addresses and workshops/seminars involving and including</p> <p>News Xchange 2002-2007 European Broadcasting Union (Warsaw 2006) Belgian Union of Journalists (2005) Russian Union of Journalists (2005 – 2007) AZPrensa, Spain (2007)</p>
Aug 1998-present	<p>Psychotherapist in private practice</p> <ul style="list-style-type: none"> • UKCP-registered since 2000 • Accredited EMDR Consultant (2011) following foundation training in EMDR 2004 and accreditation 2008 as EMDR Practitioner. • Also work with Employee Assistance Programmes such as BUPA and CiC

	<ul style="list-style-type: none"> • 3700+ client hours to date • Regular supervision • £2m professional indemnity insurance
Oct 2002-Sept 2003	<p>Director, BBC Project for Journalism and Trauma.</p> <ul style="list-style-type: none"> • Devised and implemented comprehensive programme of trauma awareness raising and support across the BBC in advance of the 2003 Iraq war.
Aug 1994-Oct 2002	<p>Regional News and Current Affairs Editor, European Region, BBC World Service</p> <ul style="list-style-type: none"> • Responsible for editorial coherence and standards within 12 European language services of the BBC, ranging from Polish to Greek. Extensive experience in journalism training and editorial leadership. • Helped manage the introduction at the BBC of the provision of confidential counselling.
April 1994-Aug 1994	<p>Acting Head, Central European Services, BBC World Service</p> <ul style="list-style-type: none"> • Running the then 13 Central European language services of the BBC
April 1993-April 1994	<p>Deputy Head, BBC Russian Language Service</p> <ul style="list-style-type: none"> • Identifying reform requirements in one of BBC World Service's key languages, leading to significant restructuring and refocusing.
Aug 1992-April 1993	<p>Deputy Head, BBC Central European Services</p> <ul style="list-style-type: none"> • Managing the then 13 Central European language services of the BBC
Mar 1992- Aug 1992	<p>Head of BBC World Service Current Affairs and Talks</p> <ul style="list-style-type: none"> • Daily editorial management and writing of central provision of written analysis on current affairs, mainly for translation and adaptation by Language Services
Jan 1988-Mar 1992	<p>Diplomatic Correspondent, BBC World Service, based London</p> <ul style="list-style-type: none"> • Covering the end of the Cold War and travelling extensively for BBC Radio in Europe, Middle East, USA, China and Far East, and Africa. • Covered the fall of communism and in particular demonstrations in Tiananmen Square, Beijing, 1989, the fall of Ceausescu in the Romanian Revolution, and also Soviet-American disarmament summits and the 4+2 negotiations that led to the reunification of Germany.
Aug 1984-Dec 1987	<p>BBC Beijing Correspondent</p> <ul style="list-style-type: none"> • Travelled extensively in China and the Far East, covering the beginnings of China's rise after the Cultural Revolution to the status of major world economic and political power.
Apr 1981-Aug 1984	<p>BBC Central Europe Correspondent</p> <ul style="list-style-type: none"> • Based Vienna, covering Eastern Europe from Poland and Czechoslovakia to Bulgaria and Yugoslavia. • Highlights the rise and fall of Solidarity in Poland, with martial law, and the beginnings of the end of Yugoslavia.
Nov 1978- Mar 1981	<p>BBC Berlin Correspondent</p> <ul style="list-style-type: none"> • Operating out of West Berlin but covering mainly East German affairs, in German for BBC German Service as well as English for wider BBC.
Jan 1977-Nov 1978	<p>Reuters Correspondent, East Berlin</p> <ul style="list-style-type: none"> • As only reporter for major English-language news outlet, reporting GDR affairs in English and in German..
Jan 1976-Dec 1976	<p>Sub-Editor, Reuters World Desk</p> <ul style="list-style-type: none"> • Editing international news copy
May 1974-Dec 1975	<p>Reuters Correspondent, Moscow bureau.</p> <ul style="list-style-type: none"> • Trainee post initially, becoming fully-fledged correspondent and member of three-man bureau.

Oct 1973-May 1974	Reuters Graduate Trainee, London <ul style="list-style-type: none">• Training and preparation for first posting and for career in journalism.
Oct 1968-June 1973	University of Leeds <ul style="list-style-type: none">• First-class Degree in German and Russian.• Included one year in Moscow 1972-73 as British Council undergraduate student• Summer term 1971 as student in Leipzig, East Germany